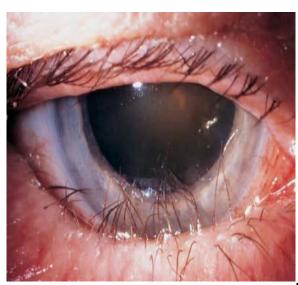
# Clinical Ophthalmology





### **Diagnosis:**

Entropion: Malposition (inward turning) of eyelid toward the eyeball with trichiasis (misdirection of the eyelashes toward the eyeball).

## **Causes of entropion:**

- 1) Congenital (rare).
- 2) Acute spastic conditions such as infections , inflammatory & traumatic .
- 3) Cicatricial (scaring of the palpebral conjunctiva).

#### Causes of trichiasis:

- 1) Infections (trachoma, herpes).
- 2) Auto-immune (ocular cicatricial pemphigoid).
- 3) Inflammatory (Stevens-Johnson syndrome, vernal keratoconjunctivitis).
- 4) Trauma.

## Complications (entropion & trichiasis):

1) Infections.

2) Corneal ulceration.

## Treatment of entropion:

- 1) Eyelid hygiene.
- 2) Antibiotics to treat the causative microorganism.
- 3) Steroids.
- 4) Lubrication.
- 5) Small amount of botulinum toxin (BOTOX).
- 6) Surgical repair (Lateral canthotomy, lateral canthoplasty).

#### Treatment of trichiasis:

- 1) Treatment of the underlying disease (Stevens-Johnson syndrome & ocular cicatritial pemphigoid).
- 2) Lubrication.
- 3) Treatment of infection.
- 4) Surgery (follicle destroying or lash/follicle repositioning).





## **Diagnosis:**

Ectropion: Abnormal eversion (outward turning) of the lower eyelid margin away from the globe.

### **Patient complaint:**

Lacrimation.

#### Causes:

- 1) Congenital.
- 2) Acquired:
  - a) Senile.
  - b) Paralytic (facial nerve palsy).
  - c) Cicatricial (due to scar) such as burns, glaucoma drops and chronic dermatitis ....etc.
  - d) Mechanical (tumour) such as neurofibromas.

### **Complications:**

- 1) Conjunctival keratinization.
- 2) Corneal breakdown (ulceration)
- 3) Epiphoria (watery eye: tears flow onto the cheek).
- 4) Pain.

#### **Treatment:**

- 1) Treatment of infection (Chlamydia , herpes).
- 2) Lubrication.
- 3) Steroid.
- 4) Surgical repair (V to Y plasty or Z plasty).



### **Diagnosis:**

Entropion with trichiasis & corneal ulceration.



Stye: red swollening of the upper eyelid due to inflammation of eyelash follicles.

### **Causes:**

**Bacterial infection staph. Aureus infection.** 

### **Treatment:**

- 1) Local antibiotics & eye drops.
- 2) Bathing in warm water.
- 3) Removal of the eyelash involved.





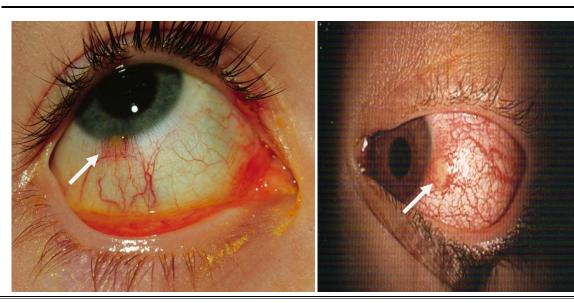
Ophthalmia neonatorum (neonatal conjunctivitis).

#### Causes:

- 1) Chemical (silver nitrate).
- 2) Bacterial (1<sup>st</sup> 3 days=Staph.aureus, after the 3<sup>rd</sup> day=
  Strept.peumonia, after the 1<sup>st</sup> week=Neisseria gonorrhea, after 12 days=Chlamydia).
- 3) after 15 days=Viral (H. influenza & herpes simplex virus).

#### **Treatment:**

- 1) Gonococcal infection treated by cefotaxime for 7 days.
- 2) Chlamydial infection by systemic erythromycin.
- 3) Herpes by I.V acyclovir.
- 4) Topical antibiotic for staph.



Phlyctenular conjunctivitis: Small pinkish-yellow nodule surrounded by a zone of dilated blood vessels at corneoscleral junction.

#### **Causes:**

Hypersensitivity reaction (type 4) to endogenous antigens e.g. bacterial antigens as T.B & Chlamydia.



## **Diagnosis:**

**Bulbar spring catarrhal:** 

#### **Treatment:**

Avoiding exposure to the causative allergen, topical steroids, mast cell stabilizers, anti histaminic dark glasses & cold compresses.



Ulcerative blepharitis: erythema & crusting of the lashes and lid margins & adherence of the lashes with each other by oily debris.

#### Causes:

- 1) Herpes simplex & Varicella zoster dermatitis.
- 2) Allergic or contact dermatitis.
- 3) Bacterial infection (Staph.) is the usual pathogen.
- 4) Exposure to smoke, fumes & other irritants.
- 5) Sjogren syndrome may be present as blepharitis.

## **Complications:**

Chronic conjunctivitis, Madarosis, trichiasis, Poliosis, epiphora, Ectropion, corneal ulcer.

#### **Treatment:**

- 1) Eyelid margin hygiene (warming, washing & application of antibiotic ointment to the lid margins).
- 2) Antibiotic corticosteroid solutions to reduce inflammation if the cause is bacterial.
- 3) Antivirals.
- 4) Avoiding exposure to irritant materials.





Mucopurulent conjunctivitis: Diffuse redness of the sclera with yellowish mucopurulent discharge & eyelid edema.

#### Cause:

Trachoma.

## **Complications:**

- 1) Membrane formation.
- 2) Subsequent scarring of the punctum.
- 3) Corneal ulcer.

#### **Treatment:**

- 1) Eye lotions.
- 2) Antibiotics ointments e.g. tobramycin at night.
- 3) Antibiotic eye drops (tetracycline).
- 4) Hot foments.





Pterygium: Localized redness located at the nasal corner of the eye, triangular in shape with the apex extended to involve the cornea & it is a fibrovascular ingrowths.

#### Causes:

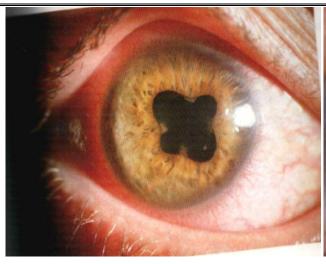
- 1) Direct ultra violet exposure.
- 2) Exposure to irritant materials (dust, smoke...).

#### **Treatment:**

Surgical removal with conjunctival graft.

## **Surgical indications:**

- 1) Functional abnormalities of vision.
- 2) Foreign body sensation.
- 3) Cosmetic reasons.





**Posterior Synechiae.** 

Cause:

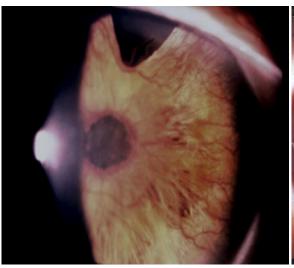
Anterior uveitis (iritis).

## **Complications:**

- 1) Band keratopathy.
- 2) Bulus keratopathy.
- 3) Cataract.
- 4) Glaucoma.

### **Treatment:**

- 1) Atropine & corticosteroid drops.
- 2) Surgical separation (synechialysis).





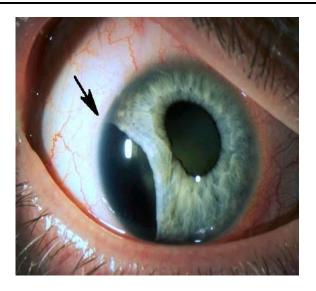
Rubeosis iridis (Growth of blood vessels onto the iris) & Peripheral iridectomy.

#### **Causes:**

- 1) Diabetic retinopathy.
- 2) Central retinal vein occlusion(CRVO).
- 3) Long standing retinal detachment.
- 4) Ocular ischemic syndrome.
- 5) Hyoptonus eye.
- 6) Long standing uveitis.
- 7) Uveal melanoma.
- 8) Retinoblastoma.

### **Complication:**

Rubeotic glaucoma & prognosis is very bad.



## **Diagnosis:**

Iridodialysis: A dark crescentic gap at the edge of the iris where the tear has occurred.

#### Causes

- 1) Trauma.
- 2) Tumour excision.

**Patient complaint:** 

Uniocular diplopia.

**Treatment:** 

Surgical reduction and suturing of the iris.



### **Diagnosis:**

Left partial ptosis: drooping of the left upper eyelid.

#### **Causes:**

- 1) Oculomotor nerve palsy.
- 2) Horner syndrome.
- 3) Birth trauma.
- 4) Congenital.

Factors affecting prognosis & treatment:

- 1) Is the pupil covered by the ptotic lid or not?
- 2) Are there significant refractive errors between the eyes?

The significance is developing of ambylopia (causes):

- 1) Strabismus ambylopia due to squint.
- 2) Anisometropic ambylopia due to deferent refractive errors.
- 3) Deprivational ambylopia.



Central retinal vein occlusion(congested dilated blood vessels).

#### **Causes:**

1) Extaluminal causes: hypertension & tumour.

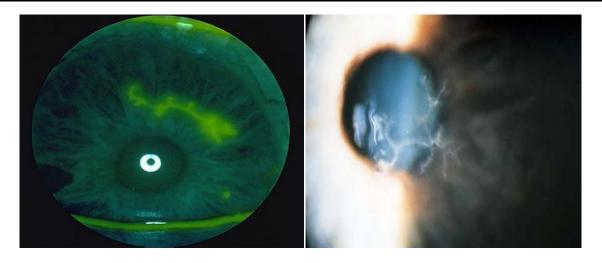
2) In the wall: vasculitis.

3) Intraluminal: thrombus.

## **Complications:**

1) Neovascular glaucoma.

2) Chronic macular edema.



## **Diagnosis:**

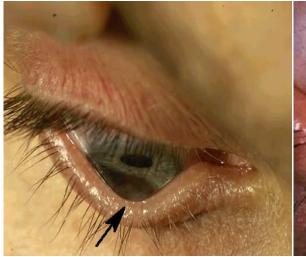
Dendritic ulcer.

Cause:

Herpes simplex virus.

#### **Treatment:**

Acyclovir, trifluridine & idoxuridine.





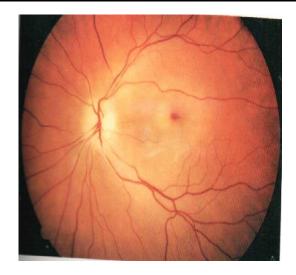
## **Diagnosis:**

Keratoconus: Munson's sign.

Significance: It is one of the common causes of reduction in visual acuity(myopia & Astigmatism).

### **Treatment:**

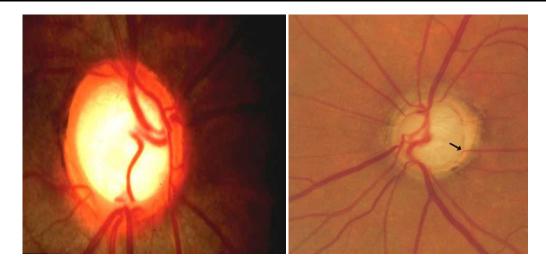
- 1) Rigid contact lenses.
- 2) Shaving the corneal surface.
- 3) Corneal graft.



Central retinal artery occlusion:(attenuation & constriction of the arteries – cattle track appearance), the whole retina is pale except the fovea (cherry red spot) due to double blood supply.

#### Causes:

### Usually embolic.



## **Diagnosis:**

Abnormal cupping of the optic disc(cup-disc ratio > 0.3).

Criteria for abnormal cupping of optic nerve:

- 1) Cup-disc ratio ≥ 0.3.
- 2) Progressively enlarging.
- 3) Asymmetrical between the two eyes.

#### **Causes:**

Primary open angle glaucoma.

Criteria to diagnose glaucoma:

- 1) Increased IOP. Normally 15±6 mmHg.
- 2) Abnormal cupping.
- 3) Changes in visual field.



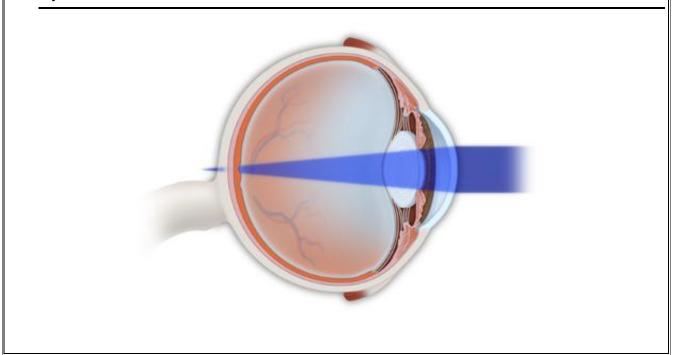
Retinitis pigmentosa: bone spicules, waxy disc & attenuated blood vessels.

## **Patient complaints:**

- 1) Night blindness(nyctalopia).
- 2) Visual loss.
- 3) Seeing flashes of light(photopsia).

#### **Causes:**

- 1) Autosomal dominant / recessive.
- 2) Bardet biedl syndrome.
- 3) Refsum's disease.



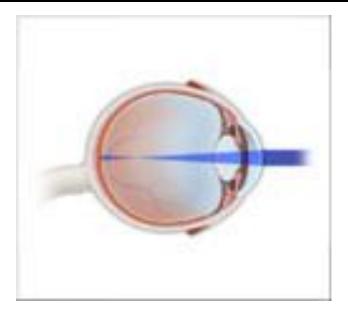
Hypermetropia.

**Correction is by:** 

Convex lenses (+) & refractive eye surgery.

Significance:

Angle closure glaucoma as a complication.



**Diagnosis:** 

Myopia.

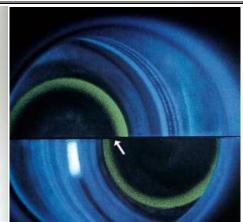
**Correction is by:** 

Concave lenses (-) & refractive eye surgery.

Retinal detachment , macular hole & open angle glaucoma as complications.







Name the device & what is it used for?

Goldmann applanation tonometer for measuring IOP.





## Diagnosis:

Congenital failure of canalization of nasolacrimal duct.

## **Procedure\management:**

- 1) Reassurance of the parents.
- 2) Topical antibiotic with massage & waiting till the end of first year.
- 3) If not opened, probing and irrigation with antiseptic solution.

## **Child presentation:**

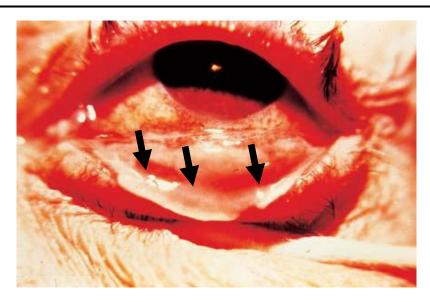
#### Lacrimation.



Subconjunctival hemorrhage(sectoral redness).

What do you want to ask the patient in your history taking?

- 1) Trauma.
- 2) Hypertension.
- 3) Straining conditions(valsalva).
- 4) Bleeding disorders.
- 5) Anticoagulants & non-steroidal anti-inflammatory drugs.



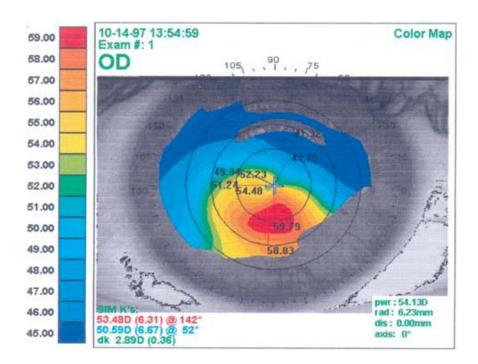
## **Diagnosis:**

Membranous conjunctivitis.

#### Causes:

True membrane: diphtheria.

Pseudo-membrane: most of bacterial infections like staph.



### Corneal topography.

Used for studying the shape & refractive power of cornea in every point with details.



Diagnosis: Leukocoria & pseudosquint.

#### Causes of Leukocoria:

- 1) Retinoblastoma.
- 2) congenital cataract.

## 3) Retinopathy of prematurity.

### Cause of pseudosquint:

**Epicanthal fold.** 



Is it a concomitant or incomitant squint?

It is incomitant squint(being maximal in the direction of the action of the affected muscle).

**Top photo:** 

Patient looking to the right.

Which muscle is affected?

Right lateral rectus.

What is the nerve supply?

Right abducent nerve.



Left complete ptosis.

#### **Causes:**

- 1) Oculomotor nerve palsy.
- 2) Horner syndrome.
- 3) Birth trauma.
- 4) Congenital.



### **Describe this facies:**

Staring facies & periorbital swelling(thyroid eye disease).

**Enumerate four ocular features of this disease:** 

- 1) Lid lag.
- 2) Lid retraction.
- 3) Exophthalmoses.
- 4) Chemosis.
- 5) Periorbital soft tissue changes as chemosis & lid swelling.
- 6) Exposure keratopathy.
- 7) Ophthalmoplegia.

**Enumerate four systemic features of this disease:** 

- 1) Tachycardia.
- 2) Tremor.
- 3) Increased appetite with loss of weight.
- 4) Goitre.



Description of skin lesion:

Crusty lesion on erythematous base involving the left forehead & the nose.

Describe the ocular lesion:

Yellow discharge(fluorescenein stain): corneal ulcer.

Diagnosis:

Herpes zoster ophthalmicus

### Casue:

## Herpes zoster(varicella zoster virus).





## Diagnosis:

Right lower motor facial palsy with lagophalmus & Bull's phenomenon.

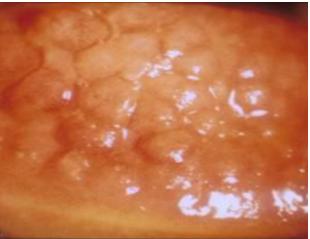
## Significance:

**Exposure keratopathy.** 

#### **Treatment:**

- 1) Artificial tear drops.
- 2) Surgery (Lid shorting procedure: lateral tarsorrhaphy).





# Diagnosis:

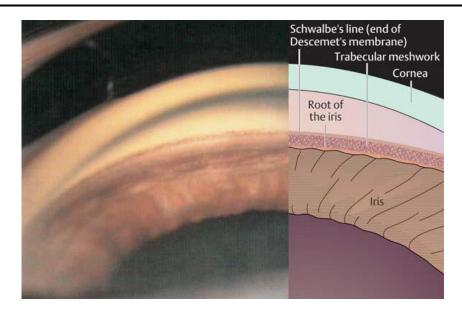
Papillae of right upper eyelid(gobble stone appearance).

#### **Causes:**

Allergic conjunctivitis: atopic, seasonal, giant papillary conjunctivitis.

#### **Treatment:**

Avoiding exposure to the causative allergen, topical steroids, mast cell stabilizers, anti histaminic, dark glasses & cold compresses.



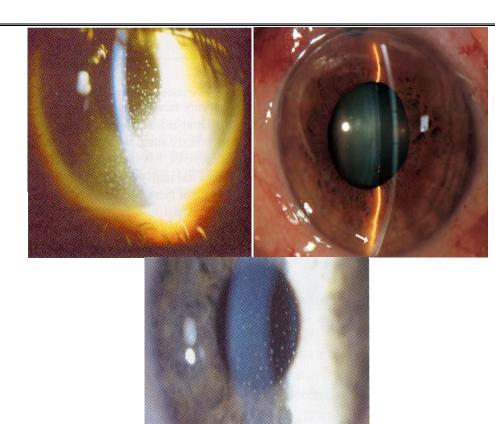
By using which test we can get this view?

Viewing the angle of anterior chamber by using gonioscope with goniolens for detecting glaucoma.

Describe the aqueous circulation:

It is produced by the ciliary process of ciliary body posterior chamber anterior chamber trabecular meshwork

Canal of Schlemm collecting channels episcleral venous plexus.

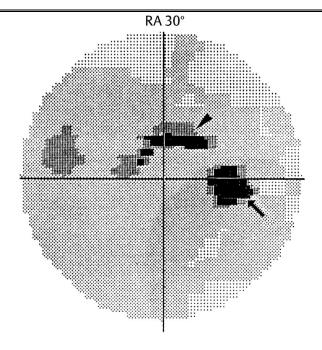


## Comment on the anterior chamber depth:

- 1) Eclipse sign: we shine a light on the temporal aspect of the patient anterior chamber & watching the iris, if the AC is deep the whole iris is illuminated, if the AC is shallow, only the temporal part is illuminated.
- 2) Important in angle closure glaucoma.

If this patient is asymptomatic, how would you treat him?

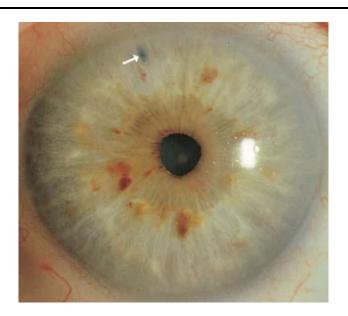
Miotic agents, alpha agonist, carbonic anhydrase inhibitors and prostaglandin analogs.



What is this & give diagnosis?

Perimetry graph showing paracentral scotoma in open angle glaucoma.

Patient complaint: no complaint, it is diagnosed by chance.



What is this?

Laser Iridotomy.

**Indication:** 

Shallow anterior chamber(angle closure glaucoma).

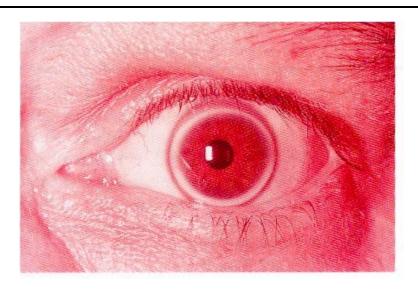


What is he doing?!

Measuring corneal diameter by a caliber.

Why?

To detect & follow up the congenital glaucoma ( buphthalmos).



What is this lesion?

Arcus lipidis.

What is the clinical significance?

It indicates hyper lipidemia in young people.

What is the visual prognosis?

## It never affect vision.

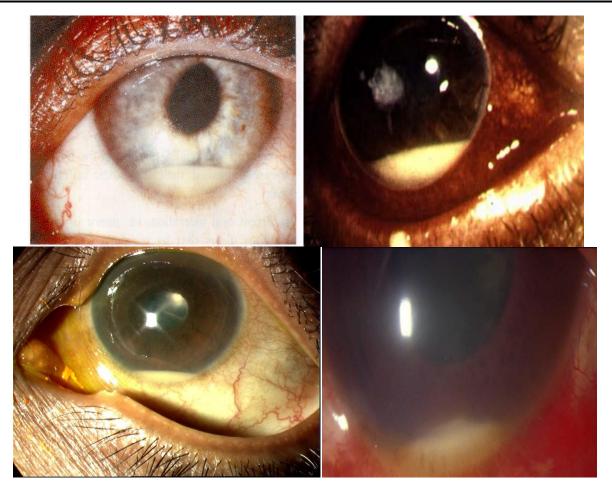


Diagnosis:

Ameboid ulcer.

**Causes:** 

Mistreatment of dendritic ulcer by steroid.



Diagnosis:

Hypopyon: pus in the anterior chamber.

**Causes:** 

Infected: endophthalmitis(pneumococcus).

Sterile: severe iritis.



## **Description:**

Nodulo-ulcerative lesion.

DDx:

Squamous cell carcinoma, malignant melanoma & sebaceous cell carcinoma.



**Describe this lesion:** 

Localized swelling in the left upper eyelid.

What is the most likely diagnosis?

Chalazion.

**Enumerate four possible causes:** 

- 1) blockage of tarsal glands.
- 2) Seborrhea.
- 3) Chronic blepharitis.
- 4) Acne rosacea.

#### **Treatment:**

Antibiotic ointment or surgical incision and curettage of the gland.



What is this procedure?

Eversion of upper eyelid.

What are its benefits?

- 1) Entrapment of foreign body.
- 2) Arlet line of trachoma.
- 3) Giant papillary conjunctivitis.
- 4) Follicular reaction.
- 5) Adrenochrome deposits.
- 6) Melanoma.

## 7) Conjunctival concretion.

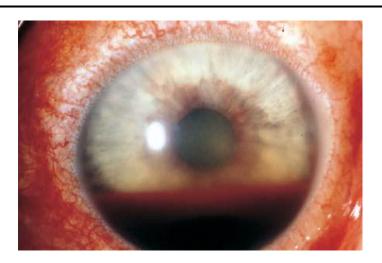


What is this procedure?

Cover / uncover test.

In which disease you want to use it in your examination?

It is used to diagnose inapparent squint(phoria).



**Diagnosis:** 

Hyphema.

Cause:

Trauma is the major cause, surgery (during & after), intraocular tumours anticoagulant treatment.



Corneal foreign body.

**Treatment:** 

Surgical removal.

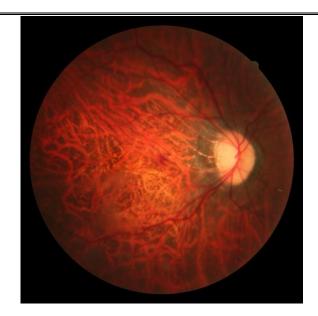


Diagnosis:

**Symblepharon** 

#### Causes:

- 1) Post-trachomatous.
- 2) Post-operative (Pterygium excision).
- 3) Ocular cicatricial pemphigoid.

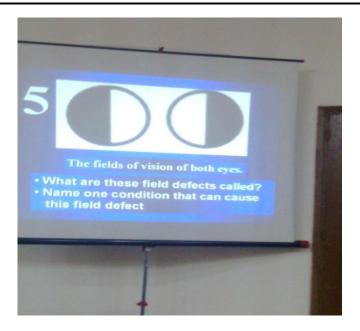


## **Error of refraction:**

High myopia.

## **Complications:**

- 1) Chorio-retinal degenerations.
- 2) retinal tears.
- 3) retinal detachment.

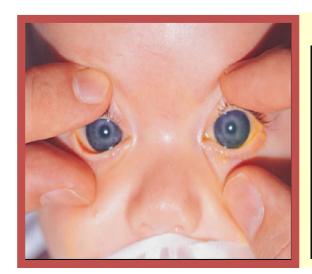


## Field defect:

Bitemporal hemianopia.

Cause:

## Optic chiasma lesions (nasal fibers damage) e.g. Pituitary gland tumor.



Examination of neonates (4) buphthalmos



Diagnosis:

**Buphthalmos.** 

**Surgical procedures:** 

- 1) Goniotomy.
- 2) Trabeculotomy.



**Esotropia: convergent** 



**Exotropia: divergent** 





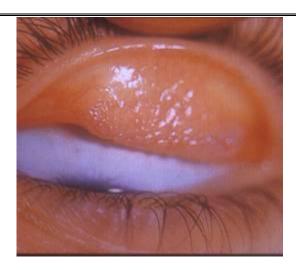


## **Description:**

Red congested eye.

## **Common Causes:**

- 1- Conjunctivitis.
- 2- Acute iritis (ant. Uveitis).
- 3- Keratitis (Corneal Ulcer ).
- 4- Angle closure glaucoma.
- 5- Episcleritis (& scleritis).
- 6- Subconjunctival hemorrhage.
- 7- Dry eye.



**Describe:** 

Upper eyelid eversion, follicular formation.

**Causes:** 

Trachoma & viral conjunctivitis.

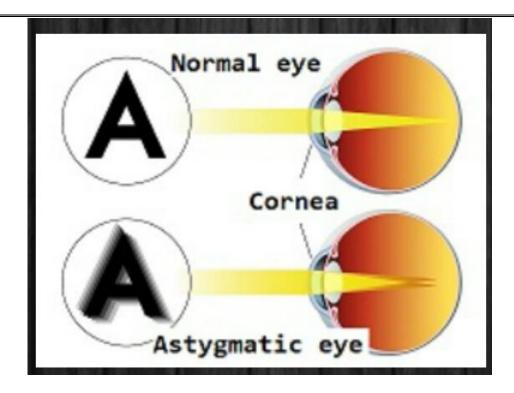


**Describe:** 

Chemosis: edema of the conjunctiva.

**Causes:** 

- 1) Conjunctivitis.
- 2) If drainage of blood & lymph from around the eye is obstructed.



Astigmatism.

**Treatment:** 

Cylindrical lenses & refractive eye surgery.

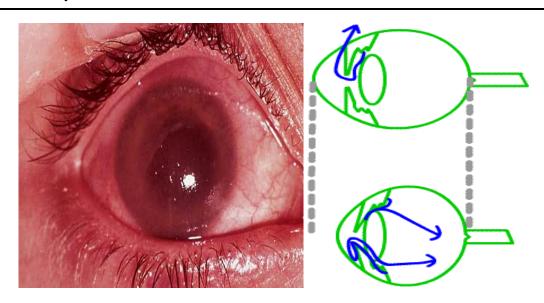


Sign:

### Marcus -Gunn phenomenon

### **Pathogenesis:**

Faulty Innervation (motor fibers from 5<sup>th</sup> nerve reach levator instead of the 3<sup>rd</sup> nerve).

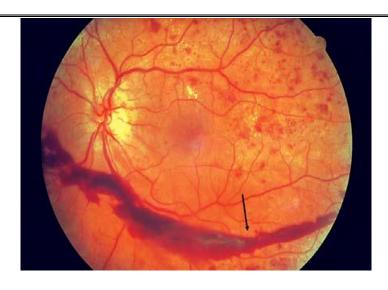


#### **Describe:**

Red congested eye (acute angle closure glaucoma).

#### **Features:**

- 1) Painful red eye.
- 2) Achy, abdominal pain.
- 3) Misty vision.
- 4) Go from light into dark.
- 5) Small eye, shallow anterior chamber, pupil mid dilated.
- 6) Iris lens contact.
- 7) Push the iris forward.
- 8) Eye feels hard.



Subhaloid hemorrhage(hemorrhage between retina & vitreous.